

SCHEMA VT 2026

V.5-22

MÅNDAG	TISDAG	ONSDAG	TORSDAG	FREDAG	LÖRDAG	SÖNDAG
						11:00 NYBÖRJARE TWERK 60MIN MATILDA
			13:00 TWERK 60+ 60MIN SUSANNA			
18:00 INTERMEDIATE TWERK 60MIN MATILDA	17:30 INTERMEDIATE 60MIN MATILDA		17:00 BOOTY 60MIN MATILDA (HYPR ODENPLAN)			
19:00 ADVANCED TWERK 75MIN MATILDA	18:30 FLEXIBILITY 60MIN MATILDA		18:00 BOOTY 60MIN MATILDA (HYPR ODENPLAN)			
	19:30 NYBÖRJARE 60MIN MATILDA	19:20 NYBÖRJARE TWERK 60MIN NICOLE				